

# SHELTON SENIOR CITIZENS CENTER



CURRENT RESIDENT OR

PRSRT-STD  
U.S Postage  
PAID  
Shelton, CT  
Permit No.77

81 WHEELER STREET, SHELTON CT  
(203) 924-9324

INFO LINE (203) 924-2355

MAY 2017



DOREEN LAUCELLA, DIRECTOR

Volume No. 47 No. 05

## GREETINGS FROM THE DIRECTOR

Spring has sprung! We have had an incredible busy few months with seminars, classes, trips and our special sold out events including Paint Night and Irish Luncheon! Lots of fun events and activities we have lined up and we will keep you posted in the upcoming newsletters. Next month we have our BBQ and tickets will be going on sale May 19th!

Our population and membership continues to grow daily! We have still remained the quality facility it has always been. I encourage and welcome suggestions and ideas for future events that you would like to see happen here. My door is always open, so feel free to stop by!

To all those inquiring... paid class registrations, priority and public are set to take place in early June. Please see enclosed for more details.

Looking forward to our fun filled summer we have planned for you all. Dancing Under The Stars is set to begin Thursday evenings again this year from 6:00PM-8:00PM on June 29th. More info coming soon! We hope to see you all there!

Warm Regards, Doreen

## IMPORTANT INFORMATION

**Reminder that all classes and programs are limited to a maximum number of participants. Once that number has been met a waiting list will be implemented at that time for all classes and programs.**

**SENIOR CENTER INFO LINE:** Our Center has a special telephone number to call for daily announcements, cancellations, Center closing (due to weather) and information. The information available: cancellations or changes in any of the daily activities, details regarding a special function for that day and the daily lunch menu. The number is: (203) 924-2355.

**PARTY TICKET PURCHASE:** When buying tickets for table-assigned parties all Members can pick up numbers at 9:00 AM for ticket sales at 9:30 AM. When purchasing Birthday or Monthly Dance tickets tables are

then assigned. Please present your up-to-date Membership Card and your partner's Membership Card at sign up. (Two tickets may be purchased.) If you live out-of-town, you can have another member purchase your ticket with your Membership Card. Only on the first day of ticket sales do we follow the specified time for selling. Tickets will be sold up until the Wednesday (12:00 Noon) before the event. Checks payable to: Shelton Senior Center. Members may invite guests. **Guest tickets as of 4/1/17 are \$5.00 extra per non member.**

**TRIP REGISTRATION:** On the day of registration, all members interested in the trip should come to the Center for registration at 9:30 AM. Each member may register them self and one (1) other member. Please have Membership Cards for both you and your partner; your check and meal selection if needed. Registration will be on a first come ~ first serve basis. After the initial Registration, you may register any time. Please Note: Trips must be paid for by check (no cash) made payable to the travel agency sponsoring the trip.

**TRIP CANCELLATIONS:** If you have to cancel your trip, please notify the Center. We will make every effort to reimburse your ticket from our "Wait List." Please do not transfer the ticket yourself or ask another member to do so – we will need the proper information for the replacement, registration and refund.

**TRIP PARKING:** When traveling with the Senior Center, please park in the Police/Senior parking lot if there are spaces available. If there are no available spaces, you may park in the outer and far end area of the Senior Center Lot. Thank you for your co-operation.

**VALLEY TRANSIT TRANSPORTATION:** All Shelton residents are able to receive rides from the Valley Transit to and from the Center for FREE on Mondays, Wednesdays and Fridays. Approximate arrival to Center is 10:00 AM and pick up is 3:00/4:00 PM. In order to utilize this service you must be a Shelton resident and contact them 24 hours the day before at 203-735-6408. Valley Transit also offers a Dial-A-Ride service for ALL Valley members daily for a charge of \$3.50\* each individual way. \*Price increase as of 2017\*

**RENTERS REBATE:** Monday thru Friday 10:00am -2:00pm. Please call Center for more info.



## ELECTION OF SENIOR CENTER OFFICERS!

Attention!!! We *welcome and invite* all those interested in running for a position as officer to represent the Seniors on the Membership Board to partake in the upcoming election!! You must be a Valley resident and an active member for at least six months to be eligible. The Membership Board comes together once a month to make decisions and bring new ideas pertaining to the Center. Every two years there is a new election to give the opportunity to all those new who are interested in running and getting involved.

**Elections will take place THIS MONTH!** Please see Doreen for more information and to get your name on the ballot! These are the positions you may run for: President, Vice President, Secretary, Treasurer and Delegates (2).

## CLASSES & EVENTS

**CALLING ALL SQUARE DANCERS!!** The square dancers are looking for some male members to partake in this hour long fun upbeat class held on Thursday mornings at 10:00am. If you are interested in learning to square dance, to see what it is all about or for more information please stop by a class!

**LIONS LOW VISION PROGRAM:** Fran Harmeyer, an Occupational Therapist (OT) at Griffin Hospital, and Len Berger, a Trustee of the Lions Low Vision Centers (LLVC) of Fairfield & New Haven Counties, will present a seminar at the Shelton Senior Center on **Tuesday, May 9th at 10:00am**. This program was started by the Lion Clubs in Connecticut in 1990 and provides anyone with low vision issues FREE devices which could improve his/her vision and quality of life.

**MOTHERS DAY SOCIAL:** On **May 12th at 12:00PM** there will be a holiday social for everyone!!! After lunch you will be dazzled by Legendary Crooner, Jeff Daniels. Then join in on the fun and laughter with trivia and dancing! Music and trivia games by DJ Connection, sponsored by Visiting Angels. Prizes for winners! Choice of wraps for lunch are: Roast Beef with lettuce and tomato, chicken salad with cranberries and walnuts, or Italian combo. Each served with Caesar salad and ambrosia, dessert and coffee. \$10.00 per member \$15.00 per guest. **Tickets on sale now.**

**BOOK CLUB:** On **Friday, May 12th at 1:00 PM.** The book discussion will be led by Joan Pollack. Book is "The life we bury" by Allen Eskens.

**AARP MEETING:** On **Tuesday, May 16th at 1:30PM** AARP will meet. Topic to be discussed by "Elder Law" by Richard Franchi.

**ELDER LAW SESSION:** On **Wednesday, May 17th at 10:30AM** Certified Elder Law Attorney, Attorney Drazen will be speaking this month about the topic: "Qualifying for Medicare and keeping my house...is it possible?"

**MEDICINE SHOPPE:** Dipika Patel PharmaD from the Medicine Shoppe will be here on **Thursday, May 18th at 1:00PM.** Blood Pressure and Diabetes testing. Bring your questions to this licensed pharmacist!

**GRIFFIN HOSPITAL VALLEY PARISH NURSES:** On **Friday, May 19th from 10:30AM—12:00PM** will be here for blood pressure, diabetes screening and medical needs. *Medical Van WILL be here.* Presented by Maggie Sessa R.N.

**BLOOD PRESSURE SCREENING:** The Emergency Care Institute of Bridgeport Hospital will conduct Blood Pressure Screenings at the Senior Center on **Monday, May 22nd from 12:00-2:00PM.** All are welcome.

**VETERANS AFFAIRS:** Roman Augusta will be here to discuss personal matters with you all on **Wednesday, May 24th from 12:30-2:00PM.**

**CAP TELEPHONE SEMINAR:** Are you having a hard time hearing over the phone well worry no more! For all that are having difficulty FREE PHONES will be given to qualified candidates. This is a valuable tool for all those who are slightly, moderately and severely impaired. Technology at its best! Take part in this seminar on **May 24th at 11:00AM.**

**DR. SHARNOFF FOOT DOCTOR:** On **Wednesday, May 31st at 10:00AM** Dr. Sharnoff will be here to discuss foot care and answer any questions.

## SHOPPING BUS SCHEDULE

The bus picks up and returns to the Center after shopping. There is no charge for this service.

- May 3-** Ansonia Stop & Shop or Shop Rite
- May 10 -** Adams-IGA
- May 17 -** Ansonia Stop & Shop or Shop Rite
- May 24-** Adams-IGA
- May 31 -** Ansonia Stop & Shop or Shop Rite

## LOOKING AHEAD

**VOLUNTEER BRUNCH:** Please save the date!!! **Friday, June 1st from 11:00AM-1:00PM.** A formal invitation will be sent to you in the mail please keep a look out!

**FATHER'S DAY BBQ:** A good time awaits for everyone on **Friday, June 16th at 12:00PM.** Enjoy a bbq with your choice of a hot dog or hamburger with all the "fixins", macaroni salad, corn on the cobb, baked beans, watermelon, dessert with coffee and tea. Price is \$10.00 per member and \$15.00 per guest. Keyboard and vocals to listen and dance to by entertainer Robert Lupi. **Tickets go on sale Friday, May 19th.**



**PAID FITNESS REGISTRATIONS:** Registrations for all paid classes for the next six month session that begins in July will take place in June.

Priority registrations (for all those currently in the following classes) will take place on the following dates...

Move It & Zumba Gold- Mon, June 5th 1:00PM-2:30PM

Strength Training - Tues, June 6th 1:00PM-2:30PM

Public registrations will begin for all classes (if spots are available) on Wed, June 7th 1:00PM-2:30PM

Please see June's newsletter for further details.

### UPCOMING TRIPS

**WARNER THEATRE PRESENTS FOLLIES:** On **May 7th** you will depart to Waterbury CT to have lunch at the San Marino restaurant with a choice of veal parmigiana, stuffed sole or chicken marsala, served with all the trimmings. Then head to the Warner Theatre to enjoy a matinee performance of the musical Follies. Cost: \$98.00 PP. Includes transportation, lunch, show, and gratuity. Registrations going on now.

**NEWPORT PLAYHOUSE & CABARET "LUNCH WITH MRS. BASKIN":** On **May 25th** depart to Newport RI and enjoy a great buffet followed by the show Lunch with Mrs. Baskin. Cost: \$100.00 PP. Includes transportation, lunch buffet and show, and gratuity. Registrations going on now.

**BOOTHBAY HARBOR SCENERY AND GREENERY TOUR IN MAINE:** Enjoy this fun filled three day trip from **May 31st-June 2nd**. Please stop by the Center for itinerary. Cost: \$550.00 PP Double; \$650 PP Single; \$530.00 PP Triple. Registrations going on now.

**TWIN RIVER CASINO:** On **June 15th** you will depart to Lincoln, RI. Upon arrival you will receive a casino bonus package that includes a \$15 slot play and a complimentary lunch buffet. Mid afternoon you will get to enjoy the hit show "Four by Four," a tribute band singing the hits of The Beach Boys, The Beatles, The Bee Gees, and Motown all in one show! Cost: \$91.00 PP. Includes transportation, luncheon buffet, casino bonus and driver's gratuity. Registrations on now!

**TALL SHIPS IN BOSTON:** Depart to Boston, MA on **June 19th** and see the Tall Ships Celebration in Boston Harbor. Enjoy lunch at one of Boston's many fine restaurants that will be chosen by Getaway Tours. After lunch you will board a Boston Harbor Cruise vessel to cruise the harbor. Cost: \$135.00 PP, Includes transportation, complete luncheon, Boston Harbor Cruise and driver's gratuity. Register now.

**ONE WORLD OBSERVATORY:** On **June 29th** you will depart for NYC! First stop will be the One-World Observatory— Freedom Tower. Ascend to the top of the tallest building in the western hemisphere. After enjoy lunch at Carmine's restaurant with family style platters

that include Rigatoni & Broccoli and Chicken Parmigiana served complete with all the trimmings. Cost: \$119.00 PP. Includes transportation, admission to One World Observatory, lunch and gratuities. Registrations going on now.

**COINS & CLAWS:** Lobster and Casino on **July 6th!** Depart to Abbott's Lobster in the Rough in Noank, CT, voted as one of the best lobster shacks in New England. Lunch along the scenic Mystic River includes a choice of steamed lobster or herb roasted chicken with all the trimmings. Then head over to Mohegan Sun and receive a casino package. Includes transportation and gratuity. Cost is \$69.00PP. Registrations now.

**CAPE COD ADVENTURE IN PROVINCETOWN:** On **July 13th** you will stop in Plymouth, MA where you will board a high-speed ferry to our P-Town destination. Enjoy the day on your own exploring all Provincetown has to offer. Cost: \$97.00 PP. Includes round trip transportation, round trip ferry to Provincetown and driver's gratuity. Registrations going on now.

**QUEBEC CITY TALL SHIPS REGATTA:** Enjoy a fun filled trip to Canada from **July 18-21**. Itinerary can be viewed at the Center. Passport is required. Cost: \$609.00 PP Double; \$849.00 PP Single; \$594.00 PP Triple. Includes roundtrip transportation, hotel accommodations, admissions and sightseeing, 6 meals, taxes and baggage, gratuities. Register now.

**BLOCK ISLAND:** Visit the beaches, bluffs and bays while you visit beautiful RI on **July 25th**. Travel by ferry and then enjoy a narrated Island Tour. Then stop by the National Hotel for a complete luncheon with a choice of Herb Baked Salmon, Pan Fried Chicken or a Jumbo Crabcake served with all the trimmings. **Cost: \$131.00 PP.** Includes transportation, ferry, narrated island tour, luncheon and gratuity. Registrations going on now.

**SARATOGA:** On **August 3rd** you are off to the races!! Enjoy an afternoon of "The Sport of Kings" at Saratoga New York. Cost: \$71.00 PP. Includes transportation, admission, seating and gratuity. Registrations going on now.

**BOSTON POPS AT TANGLEWOOD: JUST ADDED!** On **August 19th** you are off to The Berkshires to enjoy dinner at one of the local restaurants with a choice of chicken or fish entrée. After dinner head to Tanglewood for an evening with the Boston Pops. Cost: \$147.00 PP. Includes transportation, dinner, admission, reserved seating and gratuity. Register now.

**LAKE GEORGE & SARATOGA:** Make happy memories and hopefully some extra money on this getaway from **August 23rd-25th**. Itinerary can be viewed at the Center. Cost: \$539.00 PP Double; \$707.00 PP Single; \$509.00 PP Triple. Price includes transportation, hotel, Saratoga Raceway reserved seating, Fort Ticonderoga admission, 5 meals, 1 Dinner Theatre Show, 1 Wine Tasting, taxes, baggage and gratuity. Registrations going on now.

**IT'S SHOWTIME AT THE LOG CABIN:** Lobster feast and the Don Who Variety Show will be held at the Log Cabin in Holyoke, MA. on **August 29th**. Enjoy Hors d'oeuvres and a lobster feast menu featuring clam chowder, boiled lobster, bbq ribs and chicken served with corn and baked potato followed by a great dessert. After lunch sit back and relax and enjoy the show. Cost: \$99.00 PP. Includes transportation, luncheon, show/gratuity. Register now.

**9/11 MEMORIAL AND MUSEUM:** On **September 6th** depart to NYC where you will visit the national tribute of remembrance and honor to those involved in 9/11/. Following the museum you will enjoy a late afternoon family style lunch at Carmine's. Cost: \$115.00 PP. Includes transportation, luncheon, admission to 9/11 Memorial & Museum and gratuities. **Registrations begin May 5th.**

**NEWPORT PLAYHOUSE & CABARET RESTAURANT LOBSTERFEST MATINEE:** On **September 12th** the play "Self-Help" will be shown at Newport's intimate theater. Also included is a lobster lunch buffet with all the fixings. \$107.00 PP. Includes transportation, lunch buffet and show, and gratuity. **Registrations begin May 5th.**

**THE BIG E:** Visit Connecticut Day that will be held on **September 20th**. Depart to New England's Great State Fair and enjoy the day on your own taking in all the attractions. Cost: \$53.00 PP. Includes transportation, admission and gratuity. **Registrations begin May 5th.**

**CAPE COD SCALLOP FESTIVAL & MYSTERY STOP TOUR:** On **September 22nd** depart to East Falmouth, MA and the 48th Annual Festival held at Cape Cod Fairgrounds. Included with your admission ticket is a choice of a Scallop or Chicken dinner. After the festival you will depart to a mystery destination! Cost: \$114.00 PP. Includes transportation, admission, Scallop Fest dinner, mystery stop, and gratuity, **Registrations begin May 5th.**

**THE INSPIRING INTREPID:** Travel to The Big Apple—NYC on **September 28th**. Upon arrival enjoy lunch at the Heartland Brewery with a choice of NY Strip Steak or Chicken Marsala. Afterwards visit The Intrepid Sea, Air & Space Museum. Cost: \$115.00 PP. Includes transportation, lunch, admission and gratuity. **Registrations begin May 5th.**

### **FUTURE TRIPS**

**REGISTRATIONS COMING SOON!**

**JUST ADDED!!! CHRISTMAS IN WHITE MOUNTAINS:** Celebrate the magic of Christmas at the beautiful White Mountain Hotel and Resort and enjoy the splendor on this 3 day 2 night tour. Cost: \$449.00 PP Double, \$429.00 PP Triple, \$559.00 PP Single. Includes meals, deluxe accommodations, activities, transportation and gratuity. Please see the Center for itinerary. **Registrations begin May 5th.**

**VILLA ROMA RESORT OKTOBERFEST:** **October 3-4th** enjoy this getaway in the beautiful Catskill Mountains. Itinerary can be viewed at the Center. Cost: \$257.00 PP Double, \$299.00 PP Single, \$247.00 PP Triple. Includes transportation, hotel, taxes and baggage, 3 meals, entertainment, and gratuity.

**WASHINGTON D.C.:** A four day getaway Columbus Day weekend that will be held **October 6-9th**. Itinerary can be viewed at the Center. Cost: \$712.00 PP Double, \$998.00 Single, \$682.00 Triple. Includes transportation, hotel, 6 meals, admissions where applicable, local sightseeing guide, taxes and baggage, and gratuities.

**VERMONT FALL FOLIAGE TOUR:** Depart on **October 12th** to the beautiful Green Mountain State. Multiple stops along the way on this wonderful Vermont Getaway. Cost: \$97.00 PP. Includes transportation, lunch at New England House, slice of pie a la mode at the Apple Barn and gratuity.

**OKTOBERFEST AT THE BROWNSTONE:** Enjoy a traditional Bavarian style festival party presented by Ace in the Hold on **October 13th**. Lunch is included with family style knockwurst and roast chicken with all the fixings, two complimentary drinks and free soda. Cost: \$109.00 PP. Includes transportation, festivities and luncheon at the Brownstone and gratuity.

**OKTOBERFEST AT KRUCKER'S RESORT:** On **October 19th** travel to Pomona, New York for an Oktoberfest celebration. Includes lunch choices of pork loin, or sauerbraten, beef barley soup, and a german dessert. Free beer, wine and soft drinks all afternoon. Following lunch enjoy music, dancing and games. Upon departure you will be served a bratwurst sandwich and cucumber salad. Cost: \$111.00PP. Includes transportation, festivities, food and drinks, and gratuity.

**ROCKING HORSE RANCH:** Back by popular demand!! Depart for a three day two night getaway to Highland, New York on **October 22nd-24th**. All inclusive trip including all meals, activities, live entertainment, deluxe hotel accommodations and round trip transportation. More information at the Center. Cost is \$419.00 PP Double; \$479.00 PP Single; \$414 PP Triple. **Registrations going on now!!!**

**GERMANFEST AT THE WILLIAMS INN:** Depart to Williamstown, MA for a Germanfest celebration on **October 26th**. Enjoy soups, bratwurst, knockwurst, sauerbraten, potato pancakes, pork loin, roast baron of beef, salads, cabbage, and a dessert table. Also included is German beer and wine. Enjoy stories of German heritage with the Stratton Mountain Boys Trio with Austrian and Bavarian music on the traditional instruments. Next stop will be the Yankee Candle Company upon returning home. Cost: \$109.00PP. Includes transportation, Germanfest, visit to Yankee Candle, and gratuity.



# MAY 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1.) 9:30: <b>COMPUTERS #5</b>            9:30 &amp; 10:15: EXERCISE            10:00: ARTS &amp; CRAFTS            10:30: MOVE-IT W/ DARLENE            1:00: CANASTA            1:00: BILLIARD MIXER            1:00: BALLROOM CARDIO            1:00: BINGO            1:00: PAINTING</p>	<p>2.) 9 &amp; 10:30: STRENGTH TRAIN            9:00: BRIDGE            9:30: CERAMICS            12:30: SENTIMENTAL JOURNEY            MUSIC BAND &amp; DANCING            12:30: LADIES POOL            12:30: PINOCHLE            1:00: POOL LESSONS            1:00: MAH JONGG            1:00: CROCHET &amp; KNITTING            1:30: WALKING CLUB</p>	<p>3.) 9:15: ZUMBA GOLD            9:30 &amp; 10:15: EXERCISE            10:00: QUILTING            10:00: ARTS &amp; CRAFTS            10:00: SCRABBLE            10:30: BALLROOM AEROBICS            10:30: BRIDGE LESSONS            1:00: PINOCHLE  <b>1:00: BINGO BONANZA</b>  <b>SPONSORED BY EXECUTIVE CARE</b>            1:00: COUNTRY LINE DANCE</p>	<p>4.) 9 &amp; 10:30: STRENGTH TRAIN  <b>10:00: ORGAN WITH FRIENDS</b>            10:00: SQUARE DANCING            12:30: INTER. LINE DANCING            1:00: YOGA W/JILL            1:00: BRIDGE            1:00: PINOCHLE            2:00: Wii BOWLING            2:15: TAI CHI</p>	<p>5.) <b>REGISTER FOR ALL OF SEPTEMBER TRIPS &amp; WHITE MOUNTAINS</b>            9:30: COMPUTER CLUB            9:30 &amp; 10:15: EXERCISE            10:00: DOMINOES            1:00: BINGO</p> <p style="text-align: center;"><b>Sunday</b></p> <p>7.) <b>WARNER THEATRE</b></p>
<p>8.) 9:30: <b>COMPUTERS #6</b>            9:30 &amp; 10:15: EXERCISE            10:00: ARTS &amp; CRAFTS            10:30: MOVE-IT W/ DARLENE            1:00: CANASTA            1:00: BILLIARD MIXER            1:00: BALLROOM CARDIO            1:00: BINGO            1:00: PAINTING</p>	<p>9.) 9 &amp; 10:30: STRENGTH TRAIN            9:00: BRIDGE            9:30: CERAMICS  <b>10:00: LOW VISION SEMINAR</b>            12:30: SENTIMENTAL JOURNEY            MUSIC BAND &amp; DANCING            12:30: LADIES POOL            12:30: PINOCHLE            1:00: POOL LESSONS            1:00: MAH JONGG            1:00: CROCHET &amp; KNITTING            1:30: WALKING CLUB  <b>1:30: AARP BOARD MEETING</b>  <b>4:00: COMMISSION MEETING</b></p>	<p>10.) 9:15: ZUMBA GOLD            9:30 &amp; 10:15: EXERCISE            10:00: QUILTING            10:00: ARTS &amp; CRAFTS            10:00: SCRABBLE            10:30: BALLROOM AEROBICS            10:30: BRIDGE LESSONS            1:00: PINOCHLE            1:00: BINGO            1:00: COUNTRY LINE DANCE</p>	<p>11.) 9 &amp; 10:30: STRENGTH TRAIN            10:00: SQUARE DANCING            12:30: INTER. LINE DANCING            1:00: YOGA W/JILL            1:00: BRIDGE            1:00: PINOCHLE            2:00: Wii BOWLING            2:15: TAI CHI</p>	<p>12.) 9:30: CAMERA CLUB            9:30 &amp; 10:15: EXERCISE            10:00: DOMINOES  <b>12:00: MOTHER'S DAY SOCIAL</b>            1:00: BINGO (TBA)  <b>1:00: BOOK CLUB</b></p>
<p>15.) 9:30: <b>COMPUTERS #7</b>            9:30 &amp; 10:15: EXERCISE            10:00: ARTS &amp; CRAFTS            10:30: MOVE-IT W/ DARLENE            1:00: CANASTA            1:00: BILLIARD MIXER            1:00: BALLROOM CARDIO  <b>1:00: BONUS BINGO</b>  <b>SPONSORED BY APPLE REHAB/ SHELTON LAKES</b>            1:00: PAINTING</p>	<p>16.) 9:00: BRIDGE            9 &amp; 10:30: STRENGTH TRAIN            9:30: CERAMICS            12:30: SENTIMENTAL JOURNEY            MUSIC BAND &amp; DANCING            12:30: LADIES POOL            12:30: PINOCHLE            12:30-2:30: MATTER OF BALANCE            1:00: POOL LESSONS            1:00: MAH JONGG            1:00: CROCHET &amp; KNITTING            1:30: WALKING CLUB  <b>1:30: AARP MEMBERSHIP MEETING</b></p>	<p>17.) 9:15: ZUMBA GOLD            9:30 &amp; 10:15: EXERCISE            10:00: QUILTING            10:00: ARTS &amp; CRAFTS            10:00: SCRABBLE  <b>10:30: ELDER LAW WITH ATTORNEY DRAZEN</b>            10:30: BALLROOM AEROBICS            10:30: BRIDGE LESSONS            1:00: PINOCHLE  <b>1:00: BINGO</b>            1:00: COUNTRY LINE DANCE</p>	<p>18.) 9 &amp; 10:30: STRENGTH TRAIN            10:00: SQUARE DANCING            12:30: INTER. LINE DANCING  <b>1:00: MEDICINE SHOPPE</b>            1:00: YOGA W/JILL            1:00: BRIDGE            1:00: PINOCHLE            2:00: Wii BOWLING            2:15: TAI CHI</p>	<p>19.) <b>TICKETS GO ON SALE FOR FATHER'S DAY BBQ</b>            9:30: COMPUTER CLUB  <b>9:15: EXECUTIVE MEETING</b>            9:30 &amp; 10:15: EXERCISE            10:00: DOMINOES  <b>10:15: MEMBERSHIP MEETING</b>  <b>10:30: VALLEY PARISHES NURSES</b>            1:00: BINGO</p>
<p>22.) 9:30: <b>COMPUTERS #8</b>            9:30 &amp; 10:15: EXERCISE            10:00: ARTS &amp; CRAFTS            10:30: MOVE-IT W/ DARLENE  <b>12:00: BLOOD PRESSURE</b>            1:00: CANASTA            1:00: BILLIARD MIXER            1:00: BALLROOM CARDIO            1:00: BINGO            1:00: PAINTING</p>	<p>23.) 9:00: BRIDGE  <b>9:15: AARP DRIVER SAFETY</b>            9 &amp; 10:30: STRENGTH TRAIN            9:30: CERAMICS            12:30: SENTIMENTAL JOURNEY            MUSIC BAND &amp; DANCING            12:30: LADIES POOL            12:30: PINOCHLE            12:30-2:30: MATTER OF BALANCE            1:00: POOL LESSONS            1:00: MAH JONGG            1:00: CROCHET &amp; KNITTING            1:30: WALKING CLUB</p>	<p>24.) 9:15: ZUMBA GOLD            9:30 &amp; 10:15: EXERCISE            10:00: QUILTING            10:00: ARTS &amp; CRAFTS            10:00: SCRABBLE            10:30: BALLROOM AEROBICS            10:30: BRIDGE LESSONS  <b>11:00: CAP TELEPHONE SEMINAR</b>  <b>12:30: VETERANS AFFAIRS</b>            1:00: PINOCHLE            1:00: BINGO            1:00: COUNTRY LINE DANCE</p>	<p>25.) <b>NEWPORT</b>            9 &amp; 10:30: STRENGTH TRAIN            10:00: SQUARE DANCING            12:30: INTER. LINE DANCING            1:00: YOGA W/JILL            1:00: BRIDGE            1:00: PINOCHLE            2:00: Wii BOWLING            2:15: TAI CHI</p>	<p>26.) 9:30: CAMERA CLUB            9:30 &amp; 10:15: EXERCISE            10:00: DOMINOES            1:00: BINGO</p>
<p>29.)</p> <p style="text-align: center;"><b>CLOSED</b></p> 	<p>30.) 9:00: BRIDGE            9 &amp; 10:30: STRENGTH TRAIN            9:30: CERAMICS            12:30: SENTIMENTAL JOURNEY            MUSIC BAND &amp; DANCING            12:30: LADIES POOL            12:30: PINOCHLE            12:30-2:30: MATTER OF BALANCE            1:00: POOL LESSONS            1:00: MAH JONGG            1:00: CROCHET &amp; KNITTING            1:30: WALKING CLUB</p>	<p>31.) <b>BOOTHBAY</b>            9:15: ZUMBA GOLD            9:30 &amp; 10:15: EXERCISE  <b>10:00: DR. SHARNOFF FOOT CARE</b>            10:00: QUILTING            10:00: ARTS &amp; CRAFTS            10:00: SCRABBLE            10:30: BALLROOM AEROBICS            10:30: BRIDGE LESSONS            1:00: PINOCHLE            1:00: BINGO            1:00: COUNTRY LINE DANCE</p>	<p style="text-align: center;"><b>PLEASE CALL THE INFO LINE</b>  <b>(203) 924-2355</b></p> <p style="text-align: center;"><b>FOR DAILY ANNOUNCEMENTS, LUNCH MENU &amp; CANCELLATIONS.</b></p>	<p style="text-align: center;"><b>STOP IN AND JOIN US FOR LUNCH!</b></p>  <p style="text-align: center;"><b>LUNCH SERVED FROM 11:45AM-12:15PM</b></p>