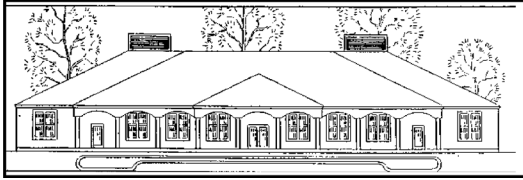


SHELTON SENIOR CITIZENS CENTER



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81 WHEELER STREET, SHELTON CT
(203) 924-9324

INFO LINE (203) 924-2355

APRIL 2017



DOREEN LAUCELLA, DIRECTOR

Volume No. 47 No. 04

GREETINGS FROM THE DIRECTOR

It is hard to believe we are four months into the year already! We have done so many wonderful things in those few months that's for sure. Including our Anniversary Party. It was a sold out event and such a great time being with you all. We had such fabulous entertainment Bob Gionotti was wonderful as was our very own Rene Caisse who followed with the after party. Special thanks to Rene. And also all our staff and our volunteers who make this day possible with all your hard work. It is greatly appreciated! We are always looking for volunteers for not only the events but also during the week. Without you all we wouldn't be able to make the Center and our events succeed as much as it has. Please stop in to see me if you are interested, would love to have you! Looking forward to April with our Paint Night, The Comedy of Errors, our sponsored Foxwoods trip and the many seminars and workshops. Please be sure to sign up early for these events as many have limited seating. Also, a friendly reminder there is no food or drink in the library at any time.

Thank you for helping keep our Center clean.
Looking forward to the Spring weather ahead!

Warm Regards, Doreen

IMPORTANT INFORMATION

Reminder that all classes and programs are limited to a maximum number of participants. Once that number has been met a waiting list will be implemented at that time for all classes and programs.

SENIOR CENTER INFO LINE: Our Center has a special telephone number to call for daily announcements, cancellations, Center closing (due to weather) and information. The information available: cancellations or changes in any of the daily activities, details regarding a special function for that day and the daily lunch menu.

The number is: (203) 924-2355.

PARTY TICKET PURCHASE: When buying tickets for table-assigned parties all Members can pick up numbers at 9:00 AM for ticket sales at 9:30 AM. When pur-

chasing Birthday or Monthly Dance tickets tables are then assigned. Please present your up-to-date Membership Card and your partner's Membership Card at sign up. (Two tickets may be purchased.) If you live out-of-town, you can have another member purchase your ticket with your Membership Card. Only on the first day of ticket sales do we follow the specified time for selling. Tickets will be sold up until the Wednesday (12:00 Noon) before the event. Checks payable to: Shelton Senior Center. Members may invite guests. **Guest tickets as of 4/1/17 are \$5.00 extra per non member.**

TRIP REGISTRATION: On the day of registration, all members interested in the trip should come to the Center for registration at 9:30 AM. Each member may register them self and one (1) other member. Please have Membership Cards for both you and your partner; your check and meal selection if needed. Registration will be on a first come ~ first serve basis. After the initial Registration, you may register any time. Please Note: Trips must be paid for by check (no cash) made payable to the travel agency sponsoring the trip.

TRIP CANCELLATIONS: If you have to cancel your trip, please notify the Center. We will make every effort to reimburse your ticket from our "Wait List." Please do not transfer the ticket yourself or ask another member to do so – we will need the proper information for the replacement, registration and refund.

TRIP PARKING: When traveling with the Senior Center, please park in the Police/Senior parking lot if there are spaces available. If there are no available spaces, you may park in the outer and far end area of the Senior Center Lot. Thank you for your co-operation.

VALLEY TRANSIT TRANSPORTATION: All Shelton residents are able to receive rides from the Valley Transit to and from the Center for FREE on Mondays, Wednesdays and Fridays. Approximate arrival to Center is 10:00 AM and pick up is 3:00/4:00 PM. In order to utilize this service you must be a Shelton resident and contact them 24 hours the day before at 203-735-6408. Valley Transit also offers a Dial-A-Ride service for ALL Valley members daily for a charge of \$3.50* each individual way. *Price increase as of 2017*

RENTERS REBATE: Monday thru Friday 10:00am -2:00pm. Please call Center for more info.

ELECTION OF SENIOR CENTER OFFICERS COMING THIS MAY!!!

Attention!!! We *welcome and invite* all those interested in running for a position as officer to represent the Seniors on the Membership Board to partake in the upcoming election!! You must be a Valley resident and an active member for at least six months to be eligible. The Membership Board comes together once a month to make decisions and bring new ideas pertaining to the Center. Every two years there is a new election to give the opportunity to all those new who are interested in running and getting involved. Elections will then take place in May. Please see Doreen for more information and to get your name on the ballot! These are the positions you may run for: President, Vice President, Secretary, Treasurer and Delegates (2).

CLASSES & EVENTS

COMPUTERS: A new eight week session begins **Monday, April 3rd at 9:30AM** Fee is \$10.00 per person. Registrations going on now.

LEARN THE HOW TO'S!!: A special FREE computer workshop on "How to navigate the City of Shelton's new website" will be held on **Monday, April 3rd at 1:00PM**. This is being offered to all those needing a little assistance. Bring your laptop or iPad. Jon Kriggsman will be the instructor.

DR. YUNGATIS, DENTIST: Huntington Family Dental will be here on **April 6th at 11:00AM** providing a free class on "Oral Hygiene Basics", this also includes information on proper denture care. Open to all family and friends. Free goody bags!! Must call the Center to reserve your seat.

PAINT NIGHT: On **Thursday, April 6th at 6:00PM** the Giggling Pig Art Studio will be here for a special evening of painting on canvas and fun! No experience necessary! \$16.00 per member and \$18.00 per guest. Light refreshments will be served. Limited seats available for this popular trendy event! Painting selection chosen is by front desk. Tickets on sale now.

BOOK CLUB: On **Friday, April 7th at 1:00 PM**. The book discussion will be led by Joan Pollack. Book is "Last One Home" by Debbie Macomber.

ELDER LAW SESSION: On **April 12th at 10:30AM** Certified Elder Law Attorney, Attorney Drazen will be speaking this month about the topic: "How to keep long term care from becoming a long term financial crisis."

FOXWOODS CASINO JUST ADDED!! On Good Friday, **April 14th** we will be hosting a Shelton Senior Center sponsored trip to Foxwoods. Food and gambling vouchers will be included. \$22.00pp members and \$27.00 non-members. Tickets on sale now!

AARP MEETING: On **Tuesday, April 18th at 1:30PM** AARP will meet, Byran Peters will be speaking.

BRIDGE LESSONS: Begin with Jan on **Wednesday, April 19th at 10:30am**. All new players welcome!

PHOTOGRAPHY CLASS: Begins on **Thursday, April 20th at 9:30AM** with Perry DeGeorge. For more info or to register please see the front desk.

GRIFFIN HOSPITAL VALLEY PARISH NURSES: On **Friday, April from 21st 10:30AM—12:00PM** will be here for blood pressure, diabetes screening and medical needs. Medical Van WILL be here. Presented by Maggie Sessa R.N.

SPRING CHORUS CONCERT: On **Friday, April 21st at 1:00PM** our very own Shelton Songsters will be here to entertain us for a FREE concert, "A Tribute to New York City." Light refreshments will be served.

BLOOD PRESSURE SCREENING: The Emergency Care Institute of Bridgeport Hospital will conduct Blood Pressure Screenings at the Senior Center on **Monday, April 24th from 12:00-2:00PM**. All are welcome.

"THE COMEDY OF ERRORS": On **Friday, April 28th** The Valley Shakespeare Festival will be here at **2:00PM** debuting William Shakespeare's famous 400 year old comedy FREE for all our Seniors enjoyment. This hour or so long comedy is about a man and his servant who arrive in a town unaware that each has an identical twin already living there. The mix-up causes upset wives, upset creditors and one of the funniest afternoons you will spend at the Center. Limited seating available and tickets will go quick for this FREE event. Registrations going on now!

WALKING CLUB: Begins **Tuesday, April 25th at 1:30PM**. This 45 minute walking group will meet at the Shelton Riverwalk. Enjoy some time outdoors with friends and meet some new faces! The nicely paved side walk is handicap accessible, encircles a 14 acre open space park overlooking the Housatonic River and located at 100 Canal Street, Shelton. Transportation will not be provided. Parking is located in the parking lot at the Conti Building beside the walk, next to the Farmers Market. We will meet at the Farmers Market at **1:30 sharp** and then begin on our walk together. Wear your walking shoes and bring a bottled water. Please sign up at the front desk. In the event of inclement weather please call the info line for updates.

LIONS LOW VISION PROGRAM: Fran Harmeyer, an Occupational Therapist (OT) at Griffin Hospital, and Len Berger, a Trustee of the Lions Low Vision Centers (LLVC) of Fairfield & New Haven Counties, will present a seminar at the Shelton Senior Center on **Tuesday, May 9th at 10:00am**. This program was started by the Lion Clubs in Connecticut in 1990 and provides anyone with low vision issues FREE devices which could improve his/her vision and quality of life.

"Low vision" is that degree of vision loss that can no longer be corrected by eyeglasses, contacts, medicine or surgery. These conditions are usually age-related including macular degeneration, glaucoma, and diabetic retinopathy.

After visiting an ophthalmologist or optometrist and receiving a low vision diagnosis, the eye professional will send a prescription form to one of six LVCCs. The closest one is in Griffin Hospital, Derby. After meeting with the OT, appropriate devices are obtained from the Lions and provided FREE by the OT. Please call to hold your spot for this informative session.

MOTHERS DAY SOCIAL: On **May 12th at 12:00PM** there will be a holiday social for everyone!!! After lunch you will be dazzled by Legendary Crooner, Jeff Daniels. Then join in on the fun and laughter with trivia and dancing! Music and trivia games by DJ Connection, sponsored by Visiting Angels. Prizes for winners! Choice of wraps for lunch are: Roast Beef with lettuce and tomato, chicken salad with cranberries and walnuts, or Italian combo. Each served with Caesar salad and ambrosia, dessert and coffee. \$10.00 per member \$15.00 per guest. **Tickets go on sale April 7th.**

CRIBBAGE, CHESS, BACKGAMMON & CASINO PLAYERS WANTED! Contact Gene at 203-218-9481.

SHOPPING BUS SCHEDULE

The bus picks up and returns to the Center after shopping. There is no charge for this service.

April 5 - Ansonia Stop & Shop or Shop Rite

April 12 - Adams-IGA

April 19 - Ansonia Stop & Shop or Shop Rite

April 26- Adams-IGA

UPCOMING TRIPS

BROADWAY PRESENTS YOUR CHOICE OF "ON YOUR FEET" OR "CIRQUE DU SOLEIL—PARAMOUR": On **April 12th** you will depart to NYC for the show of your choosing. Upon arrival, everyone will enjoy lunch at the famous Italian restaurant Buca di Beppo. Family style meal includes salads, baked rigatoni, and chicken parm followed by homemade cheesecake. Cost: \$209.00 PP and a minimum of one hundred dollars deposit at time of registration. Includes transportation, orchestra/front mezzanine tickets, lunch and gratuities. Registrations going on now.

THE OUTER BANKS: **April 18-25th** depart on this eight day getaway to North Carolina. Cost: \$1524.00 PP Double, \$2124.00 PP Single, \$1474.00 PP Triple. More details on daily itineraries at the Center. Includes: Transportation, hotel, 15 meals, admissions and sight-seeing, taxes and baggage and gratuities. Register now

WESTCHESTER THEATRE PRESENTS MAMA MIA: On **April 20th** travel to Elmsford, NY for a day of enter-

tainment and fun. Enjoy a matinee performance of *Mama Mia* at the Westchester Broadway Theatre where lunch is included. Cost: \$99.00 PP. Includes: Transportation, gratuity, lunch and show. Registrations going on now.

ACE IN THE HOLE PRESENTS "THE RAT PACK": On **April 27th** depart to The Brownstone in Paterson, New Jersey. Lunch is served family style and includes Chicken Marsala, Sausage & Peppers, and Ziti Marina, served with salad, vegetables and dessert. Enjoy two complimentary drinks, soda, coffee and tea. Relive those Hollywood golden days when Frank Sinatra, Dean Martin, and Sammy Davis, Jr. ruled the roost at such legendary venues, The Rat Pack is sure to entertain you at this tribute! In addition to the show there is also boutique shopping, door prizes and 50-50 drawing. Cost: \$109.00 PP. Includes Transportation and Festivities/Luncheon at the Brownstone. Registrations going on now.

WEST POINT DRESS PARADE AT HOTEL THAYER: JUST ADDED!!!! On **Saturday, April 29th** West Point Academy welcomes you to view the famous U.S. Military Academy Cadet Review. After watching the parade from the bleachers lunch will be served buffet style at The Thayer Hotel set on a hilltop overlooking the Hudson River. Following enjoy a guided tour of West Point. Cost: \$126.00 PP. Registrations going on now.

WARNER THEATRE PRESENTS FOLLIES: On **May 7th** you will depart to Waterbury CT to have lunch at the San Marino restaurant with a choice of veal parmigiana, stuffed sole or chicken marsala, served with all the trimmings. Then head to the Warner Theatre to enjoy a matinee performance of the musical *Follies*. Cost: \$98.00 PP. Includes transportation, lunch, show, and gratuity. Registrations going on now.

NEWPORT PLAYHOUSE & CABARET "LUNCH WITH MRS. BASKIN": On **May 25th** depart to Newport RI and enjoy a great buffet followed by the show *Lunch with Mrs. Baskin*. Cost: \$100.00 PP. Includes transportation, lunch buffet and show, and gratuity. Registrations going on now.

BOOTHBAY HARBOR SCENERY AND GREENERY TOUR IN MAINE: Enjoy this fun filled three day trip from **May 31st-June 2nd**. Please stop by the Center for itinerary. Cost: \$550.00 PP Double; \$650 PP Single; \$530.00 PP Triple. Registrations going on now.

TWIN RIVER CASINO: On **June 15th** you will depart to Lincoln, RI. Upon arrival you will receive a casino bonus package that includes a \$15 slot play and a complimentary lunch buffet. Mid afternoon you will get to enjoy the hit show "Four by Four," a tribute band singing the hits of The Beach Boys, The Beatles, The Bee Gees, and Motown all in one show! Cost: \$91.00 PP. Includes transportation, luncheon buffet, casino bonus and driver's gratuity. Registrations on now!

TALL SHIPS IN BOSTON: Depart to Boston, MA on **June 19th** and see the Tall Ships Celebration in

Boston Harbor. Enjoy lunch at one of Boston's many fine restaurants that will be chosen by Getaway Tours. After lunch you will board a Boston Harbor Cruise vessel to cruise the harbor. Cost: \$135.00 PP, Includes transportation, complete luncheon, Boston Harbor Cruise and driver's gratuity. Register now.

ONE WORLD OBSERVATORY: On **June 29th** you will depart for NYC! First stop will be the One-World Observatory– Freedom Tower. Ascend to the top of the tallest building in the western hemisphere. After enjoy lunch at Carmine's restaurant with family style platters that include Rigatoni & Broccoli and Chicken Parmigiana served complete with all the trimmings. Cost: \$119.00 PP. Includes transportation, admission to One World Observatory, lunch and gratuities. Registrations going on now.

COINS & CLAWS: Lobster and Casino on **July 6th!** Depart to Abbott's Lobster in the Rough in Noank, CT, voted as one of the best lobster shacks in New England. Lunch along the scenic Mystic River includes a choice of steamed lobster or herb roasted chicken with all the trimmings. Then head over to Mohegan Sun and receive a casino package. Includes transportation and gratuity. Cost is \$69.00PP. Registrations going on now.

CAPE COD ADVENTURE IN PROVINCETOWN: On **July 13th** you will stop in Plymouth, MA where you will board a high-speed ferry to our P-Town destination. Enjoy the day on your own exploring all Provincetown has to offer. Cost: \$97.00 PP. Includes round trip transportation, round trip ferry to Provincetown and driver's gratuity. Registrations going on now.

QUEBEC CITY TALL SHIPS REGATTA: Enjoy a fun filled trip to Canada from **July 18-21**. Itinerary can be viewed at the Center. Passport is required. Cost: \$609.00 PP Double; \$849.00 PP Single; \$594.00 PP Triple. Includes roundtrip transportation, hotel accommodations, admissions and sightseeing, 6 meals, taxes and baggage, gratuities. Register now.

CANCELLED!!! NEW YORK SUMMER SPECTACULAR WITH THE ROCKETTES: **July 19th.**

BLOCK ISLAND: Visit the beaches, bluffs and bays while you visit beautiful RI on **July 25th**. Travel by ferry and then enjoy a narrated Island Tour. Then stop by the National Hotel for a complete luncheon with a choice of Herb Baked Salmon, Pan Fried Chicken or a Jumbo Crabcake served with all the trimmings. **Cost: \$131.00 PP.** Includes transportation, ferry, narrated island tour, luncheon and gratuity. Registrations going on now.

SARATOGA: On **August 3rd** you are off to the races!! Enjoy an afternoon of "The Sport of Kings" at Saratoga New York. Cost: \$71.00 PP. Includes transportation, admission, seating and gratuity. **Registrations begin April 21st.**

BOSTON POPS AT TANGLEWOOD: JUST ADDED! On **August 19th** you are off to The Berkshires to enjoy dinner at one of the local restaurants with a choice of chicken or fish entrée. After dinner head to Tanglewood for an evening with the Boston Pops. Cost: \$147.00 PP. Includes transportation, dinner, admission, reserved seating and gratuity. **Registrations begin April 21st.**

LAKE GEORGE & SARATOGA: Make happy memories and hopefully some extra money on this getaway from **August 23rd-25th**. Itinerary can be viewed at the Center. Cost: \$539.00 PP Double; \$707.00 PP Single; \$509.00 PP Triple. Price includes transportation, hotel, Saratoga Raceway reserved seating, Fort Ticonderoga admission, 5 meals, 1 Dinner Theatre Show, 1 Wine Tasting, taxes, baggage and gratuity. **Registrations begin April 21st.**

IT'S SHOWTIME AT THE LOG CABIN: Lobster feast and the Don Who Variety Show will be held at the Log Cabin in Holyoke, MA. on **August 29th**. Enjoy Hors d'oeuvres and a lobster feast menu featuring clam chowder, boiled lobster, bbq ribs and chicken served with corn and baked potato followed by a great dessert. After lunch sit back and relax and enjoy the show. Cost: \$99.00 PP. Includes transportation, luncheon, show/gratuity. **Registrations begin April 21st.**

VOLUNTEER SPOTLIGHT!!






Meet Brooke! If you have yet to meet her and see her here please say hello! She is an absolute sweetheart! We are so lucky to have her volunteering here with us each month! Thank you Brooke for all you do!





APRIL 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3.) 9:30: COMPUTERS #1 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BINGO 1:00: PAINTING 1:00: HOW TO NAVIGATE THE CITY WEBSITE COMPUTER WORKSHOP</p>	<p>4.) 9 & 10:30: STRENGTH TRAIN 9:00: BRIDGE 9:30: CERAMICS 12:30: SENTIMENTAL JOURNEY MUSIC BAND & DANCING 12:30: LADIES POOL 12:30: PINOCHLE 12:30-2:30: MATTER OF BALANCE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET & KNITTING</p>	<p>5.) 9:15: ZUMBA GOLD 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 1:00: PINOCHLE 1:00: BINGO BONANZA SPONSORED BY EXECUTIVE CARE 1:00: COUNTRY LINE DANCE</p>	<p>6.) 9 & 10:30: STRENGTH TRAIN 10:00: ORGAN WITH FRIENDS 10:00: SQUARE DANCING 11:00: DR. YUNGATIS 12:30: INTER. LINE DANCING 1:00: YOGA W/JILL 1:00: BRIDGE 1:00: PINOCHLE 2:00: Wii BOWLING 2:15: TAI CHI 6:00: PAINT NIGHT</p>	<p>7.) MOTHERS DAY SOCIAL TICKETS GO ON SALE 9:30: COMPUTER CLUB 9:30 & 10:15: EXERCISE 10:00: DOMINOES 1:00: BOOK CLUB 1:00: BINGO</p>
<p>10.) 9:30: COMPUTERS #2 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BINGO 1:00: PAINTING</p>	<p>11.) 9 & 10:30: STRENGTH TRAIN 9:00: BRIDGE 9:30: CERAMICS 12:30: SENTIMENTAL JOURNEY MUSIC BAND & DANCING 12:30: LADIES POOL 12:30: PINOCHLE 12:30-2:30: MATTER OF BALANCE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET & KNITTING 1:30: AARP BOARD MEETING 4:00: COMMISSION MEETING</p>	<p>12.) CIRQUE DU SOLEIL 9:15: ZUMBA GOLD 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 10:30: ELDER LAW WITH ATTORNEY DRAZEN 1:00: PINOCHLE 1:00: BINGO SPONSORED BY VISITING ANGELS 1:00: COUNTRY LINE DANCE</p>	<p>13.) 9 & 10:30: STRENGTH TRAIN 10:00: SQUARE DANCING 12:30: INTER. LINE DANCING 1:00: YOGA W/JILL 1:00: BRIDGE 1:00: PINOCHLE 2:00: Wii BOWLING 2:15: TAI CHI</p>	<p>14.) FOXWOODS CASINO A SSC SPONSORED TRIP</p>  <p>GOOD FRIDAY CENTER IS CLOSED</p>
<p>17.) 9:30: COMPUTERS #3 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BONUS BINGO SPONSORED BY APPLE REHAB/ SHELTON LAKES 1:00: PAINTING</p>	<p>18.) OUTER BANKS 9:00: BRIDGE 9 & 10:30: STRENGTH TRAIN 9:30: CERAMICS 12:30: SENTIMENTAL JOURNEY MUSIC BAND & DANCING 12:30: LADIES POOL 12:30: PINOCHLE 12:30-2:30: MATTER OF BALANCE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET & KNITTING 1:30: AARP MEMBERSHIP MEETING</p>	<p>19.) 9:15: ZUMBA GOLD 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 10:30: BRIDGE LESSONS BEGIN 1:00: PINOCHLE 1:00: BINGO SPONSORED BY RAVEIS REAL ESTATE 1:00: COUNTRY LINE DANCE</p>	<p>20.) WESTCHESTER 9 & 10:30: STRENGTH TRAIN 9:30: PHOTOGRAPHY #1 10:00: SQUARE DANCING 12:30: INTER. LINE DANCING * 12:30: CHORUS REHEARSAL 1:00: YOGA W/JILL 1:00: BRIDGE 1:00: PINOCHLE 2:00: Wii BOWLING 2:15: TAI CHI *</p> <p>*LOCATION TBA</p>	<p>21.) REGISTRATIONS FOR ALL AUGUST TRIPS BEGIN 9:30: CAMERA CLUB 9:15: EXECUTIVE MEETING 9:30 & 10:15: EXERCISE 10:00: DOMINOES 10:15: MEMBERSHIP MEETING 10:30: VALLEY PARISHES NURSES 1:00: BINGO (TBA) 1:00: SPRING CHORUS CONCERT</p>
<p>24.) 9:30: COMPUTERS #4 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE 12:00: BLOOD PRESSURE 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BINGO 1:00: PAINTING</p>	<p>25.) 9:00: BRIDGE 9:15: AARP DRIVER SAFETY 9 & 10:30: STRENGTH TRAIN 9:30: CERAMICS 12:30: SENTIMENTAL JOURNEY MUSIC BAND & DANCING 12:30: LADIES POOL 12:30: PINOCHLE 12:30-2:30: MATTER OF BALANCE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET & KNITTING 1:30: WALKING CLUB</p>	<p>26.) 9:15: ZUMBA GOLD 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 10:30: BRIDGE LESSONS 1:00: PINOCHLE 1:00: BINGO 1:00: COUNTRY LINE DANCE</p>	<p>27.) ACE IN THE HOLE 9 & 10:30: STRENGTH TRAIN 9:30: PHOTOGRAPHY #2 10:00: SQUARE DANCING 12:30: INTER. LINE DANCING 1:00: YOGA W/JILL 1:00: BRIDGE 1:00: PINOCHLE 2:00: Wii BOWLING 2:15: TAI CHI</p>	<p>28.) 9:30: COMPUTER CLUB 9:30 & 10:15: EXERCISE 10:00: DOMINOES 1:00: BINGO (TBA) 2:00: COMEDY OF ERRORS</p>
<p>PLEASE CALL THE INFO LINE (203) 924-2355</p> <p>FOR DAILY ANNOUNCEMENTS, LUNCH MENU & CANCELLATIONS.</p>		<p>VALLEY TRANSIT (203) 735-6408</p>		<p>Saturday</p> <p>29.) WEST POINT</p> <p>STOP IN AND JOIN US FOR LUNCH!</p> <p>LUNCH SERVED FROM 11:45AM-12:15PM</p>