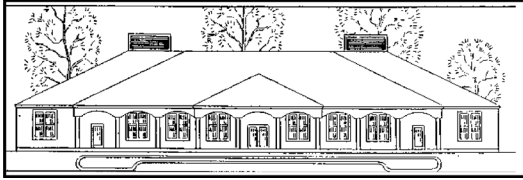


SHELTON SENIOR CITIZENS CENTER



CURRENT RESIDENT OR

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81 WHEELER STREET, SHELTON CT
(203) 924-9324

INFO LINE (203) 924-2355

JULY 2017



DOREEN LAUCELLA, DIRECTOR

Volume No. 47 No. 07

GREETINGS FROM THE DIRECTOR

Summer is here! We kicked off June with our Volunteer Brunch. The Shelton Songsters Chorus entertained us with an outstanding performance. And we celebrated Fathers Day with a BBQ that included good food and lots of fun and dancing!

I would like to take this opportunity to thank all our wonderful sponsors who through the year have dedicated their time and effort for the betterment of our Center. Without these Sponsors our Center would not be as fulfilled as it is today.

I would also like to thank our dedicated volunteers. Our honorary Brunch is only a small token of our appreciation for all you do for the membership and the Center. You all are very special and mean the world to us. Anyone who would be interested in volunteering please feel free to contact me.

The arts and crafts department is looking for new silk flower donations and cotton material. Any help would be greatly appreciated. Please drop off to the front desk. Thank you.

I hope you all have an enjoyable summer. Stay cool! Look forward to seeing you at the Center.

Warm Regards, Doreen

IMPORTANT INFORMATION

Reminder that all classes and programs are limited to a maximum number of participants. Once that number has been met a waiting list will be implemented at that time for all classes and programs.

SENIOR CENTER INFO LINE: Our Center has a special telephone number to call for daily announcements, cancellations, Center closing (due to weather) and information. The information available: cancellations or changes in any of the daily activities, details regarding a special function for that day and the daily lunch menu.

The number is: (203) 924-2355.

PARTY TICKET PURCHASE: When buying tickets for table-assigned parties all Members can pick up numbers at 9:00 AM for ticket sales at 9:30 AM. When pur-

chasing Birthday or Monthly Dance tickets tables are then assigned. Please present your Membership Card and your partner's Membership Card at sign up. (Two tickets may be purchased.) If you live out-of-town, you can have another member purchase your ticket with your Membership Card. Only on the first day of ticket sales do we follow the specified time for selling. Tickets will be sold up until the Wednesday (12:00 Noon) before the event. Checks payable to: Shelton Senior Center. Guests tickets are \$5.00 more per member ticket price.

TRIP REGISTRATION: On the day of registration, all members interested in the trip should come to the Center for registration at 9:30 AM. Each member may register them self and one (1) other member. Please have Membership Cards for both you and your partner; your check and meal selection if needed. Registration will be on a first come ~ first serve basis. After the initial Registration, you may register any time. Please Note: Trips must be paid for by check (no cash) made payable to the travel agency sponsoring the trip.

TRIP CANCELLATIONS: If you have to cancel your trip, please notify the Center. We will make every effort to reimburse your ticket from our "Wait List." Please do not transfer the ticket yourself or ask another member to do so – we will need the proper information for the replacement, registration and refund.

TRIP PARKING: When traveling with the Senior Center, please park in the Police/Senior parking lot if there are spaces available. If there are no available spaces, you may park in the outer and far end area of the Senior Center Lot. Thank you for your co-operation.

VALLEY TRANSIT TRANSPORTATION: All Shelton residents are able to receive rides from the Valley Transit to and from the Center for FREE on Mondays, Wednesdays and Fridays. Approximate arrival to Center is 10:00 AM and pick up is 3:00/4:00 PM. In order to utilize this service you must be a Shelton resident and contact them 24 hours the day before at 203-735-6408. Valley Transit also offers a Dial-A-Ride service for ALL Valley members daily for a charge of \$3.50* each way.

RENTERS REBATE: Monday thru Friday 10:00am -2:00pm. Please call Center for more info.



DANCING UNDER THE STARS

FREE music and dancing at the Downtown Shelton Riverwalk Pavillion on Thursday evenings from 6:00PM-8:00PM. Bring your lawn chairs. In the event of rain/heat it will be held at the Center same time. Please call the information line before venturing out for updates.

July 6th - Vinnie Carr
(Sponsored by Curtis Ryan Honda of Shelton)

July 13th - No Dance

July 20th - Vinnie Carr
(Sponsored by Daddario Buick of Shelton)

July 27th - Marc Garofallo & Friends
(Sponsored by Split Rock Benchmark of Shelton)

August 3rd - Bob Gianotti
(Sponsored by Shelton Youth Service Bureau Y2Y)

August 10th - Paula Pettinella
(Sponsored by the Senior Center Membership)

CLASSES & EVENTS

NEW! MORNING WALKING CLUB: Beginning **July 7th** enjoy quiet early Friday mornings around the Center grounds with the lovely Gina! Meet outside the Center at **8:00AM**. Sign up at the front desk.

ELDER LAW SESSION: On **Wednesday, July 12th at 10:30AM** Certified Elder Law Attorney, Attorney Drazen will be speaking this month about the topic "Taking the mystique out of the Living Trusts".

PROBATE JUDGE: On **Wednesday, July 18th at 10:30AM** Judge Fred Anthony will be returning to discuss the topic "Myths of Probate." Bring your questions, the Judge will have the answers.

VETERANS AFFAIRS: Ramon Agosto will be here to discuss personal matters with all Veterans on **Wednesday, July 19th from 12:30-2:00PM**. Learn everything that is available to you. Stop by and chat. No appointment necessary.

ICE CREAM SOCIAL: Get out of the summer heat and head on down for a treat!! Please join us on **Friday, July 21st at 1:00PM** for music by The Sedgewick Sisters, dancing and for some yummy Senior Center Sundaes! \$5.00 members \$10.00 guests. **Tickets on sale now!**

BLOOD PRESSURE SCREENING: The Emergency Care Institute of Bridgeport Hospital will conduct Blood Pressure Screenings at the Senior Center on **Monday, July 24th from 12:00-2:00PM**. All are welcome.



PRECISION HEARING: Stop in on **Tuesday, July 25th at 10:30AM** for maintenance & cleaning. Please call ahead for an appointment.

GRIFFIN HOSPITAL VALLEY PARISH NURSES: On **Friday, July 28th from 10:30AM—12:00PM** will be here for skin screening and medical needs. *Medical Van WILL be here.* Presented by Maggie Sessa R.N.

MOHEGAN SUN CASINO TRIP: This trip is sponsored by the Senior Center and will take place **August 16th**. Price is \$ \$22.00 Members and \$27.00 Guest. For more info please contact the Center. **Registrations begin on July 7th.**

COMPUTER CLASS: A new 7 week session begins in September. More information coming soon.

SOCK HOP: On **September 8th from 12:00PM—3:00PM**, we will be having our annual Sock Hop at the Center. Hot Dogs, Potato Chips, Rootbeer Floats, Coffee and Dessert will be served. Entertainment by DJ Rene Caisse. \$5.00 per member and \$10.00 per guest. Tickets go on sale in August 5th @ 9:30AM.

Italian Fest: Mark your calendars **September 22nd**. Further information in August newsletter.

SHOPPING BUS SCHEDULE

The bus picks up and returns to the Center after shopping. There is no charge for this service.

July 5 - Ansonia Stop & Shop or Shop Rite

July 12 - Adams-IGA

July 19 - Ansonia Stop & Shop or Shop Rite

July 26 - Adams-IGA

UPCOMING TRIPS

COINS & CLAWS: Lobster and Casino on **July 6th**. Depart to Abbott's Lobster in the Rough in Noank, CT, voted as one of the best lobster shacks in New England. Lunch along the scenic Mystic River includes a choice of steamed lobster or herb roasted chicken with all the trimmings. Then head over to Mohegan Sun and receive a casino package. Includes transportation and gratuity. Cost is \$69.00PP. Registrations going on now.

CAPE COD ADVENTURE IN PROVINCETOWN: On **July 13th** you will stop in Plymouth, MA where you will board a high-speed ferry to our P-Town destination. Enjoy the day on your own exploring all Provincetown has to offer. Cost: \$97.00 PP. Includes round trip transportation, round trip ferry to Provincetown and driver's gratuity. Registrations going on now.

QUEBEC CITY TALL SHIPS REGATTA: Enjoy a fun filled trip to Canada from **July 18-21**. Itinerary can be viewed at the Center. Passport is required. Cost: \$609.00 PP Double; \$849.00 PP Single; \$594.00 PP Triple. Includes roundtrip transportation, hotel accommodations, admissions and sightseeing, 6 meals, taxes and baggage, gratuities. Register now.

BLOCK ISLAND: Visit the beaches, bluffs and bays while you visit beautiful RI on **July 25th**. Travel by ferry and then enjoy a narrated Island Tour. Then stop by the National Hotel for a complete luncheon with a choice of Herb Baked Salmon, Pan Fried Chicken or a Jumbo Crabcake served with all the trimmings. **Cost: \$131.00 PP.** Includes transportation, ferry, narrated island tour, luncheon and gratuity. Register now.

SARATOGA: On **August 3rd** you are off to the races!! Enjoy an afternoon of "The Sport of Kings" at Saratoga New York. **Cost: \$71.00 PP.** Includes transportation, admission, seating and gratuity. Registrations going on now.

BOSTON POPS AT TANGLEWOOD: JUST ADDED! On **August 19th** you are off to The Berkshires to enjoy dinner at one of the local restaurants with a choice of chicken or fish entrée. After dinner head to Tanglewood for an evening with the Boston Pops. **Cost: \$147.00 PP.** Includes transportation, dinner, admission, reserved seating and gratuity. Register now.

LAKE GEORGE & SARATOGA: Make happy memories and hopefully some extra money on this getaway from **August 23rd-25th**. Itinerary can be viewed at the Center. **Cost: \$539.00 PP Double; \$707.00 PP Single; \$509.00 PP Triple.** Price includes transportation, hotel, Saratoga Raceway reserved seating, Fort Ticonderoga admission, 5 meals, 1 Dinner Theatre Show, 1 Wine Tasting, taxes, baggage and gratuity. Registrations going on now.

IT'S SHOWTIME AT THE LOG CABIN: Lobster feast and the Don Who Variety Show will be held at the Log Cabin in Holyoke, MA. on **August 29th**. Enjoy Hors d'oeuvres and a lobster feast menu featuring clam chowder, boiled lobster, bbq ribs and chicken served with corn and baked potato followed by a great dessert. After lunch sit back and relax and enjoy the show. **Cost: \$99.00 PP.** Includes transportation, luncheon, show/gratuity. Register now.

9/11 MEMORIAL AND MUSEUM: On **September 6th** depart to NYC where you will visit the national tribute of remembrance and honor to those involved in 9/11/. Following the museum you will enjoy a late afternoon family style lunch at Carmine's. **Cost: \$115.00 PP.** Includes transportation, luncheon, admission to 9/11 Memorial & Museum and gratuities. Registrations now.

NEWPORT PLAYHOUSE & CABARET RESTAURANT LOBSTERFEST MATINEE: On **September 12th** the play "Self-Help" will be shown at Newport's intimate theater. Also included is a lobster lunch buffet with all the fixings. **\$107.00 PP.** Includes transportation, lunch buffet and show, and gratuity. Registrations going on now.

THE BIG E: Visit Connecticut Day that will be held on **September 20th**. Depart to New England's Great State Fair and enjoy the day on your own taking in all the attractions. **Cost: \$53.00 PP.** Includes transportation, admission and gratuity. Register now.

CAPE COD SCALLOP FESTIVAL & MYSTERY STOP TOUR: On **September 22nd** depart to East Falmouth, MA and the 48th Annual Festival held at Cape Cod Fairgrounds. Included with your admission is a choice of a Scallop or Chicken dinner. After the festival you will depart to a mystery destination! **Cost: \$114.00 PP.** Includes transportation, admission, Scallop Fest dinner, mystery stop, gratuity. Register now.

THE INSPIRING INTREPID: Travel to The Big Apple—NYC on **September 28th**. Upon arrival enjoy lunch at the Heartland Brewery with a choice of NY Strip Steak or Chicken Marsala. Afterwards visit The Intrepid Sea, Air & Space Museum. **Cost: \$115.00 PP.** Includes transportation, lunch, admission and gratuity. Registrations going on now.

VILLA ROMA RESORT OKTOBERFEST: October 3-4th in Catskill Mountains. Itinerary can be viewed at the Center. **Cost: \$257.00 PP Double, \$299.00 PP Single, \$247.00 PP Triple.** Includes transportation, hotel, taxes and baggage, 3 meals, entertainment, and gratuity. Registrations going on now.

WASHINGTON D.C.: A four day getaway Columbus Day weekend that will be held **October 6-9th**. Itinerary can be viewed at the Center. **Cost: \$712.00 PP Double, \$998.00 Single, \$682.00 Triple.** Includes transportation, hotel, 6 meals, admissions where applicable, local sightseeing guide, taxes and baggage, and gratuities. Registrations going on now.

VERMONT FALL FOLIAGE TOUR: Depart on **October 12th** to the beautiful Green Mountain State. Multiple stops along the way on this wonderful Vermont Getaway. **Cost: \$97.00 PP.** Includes transportation, lunch at New England House, slice of pie a la mode at the Apple Barn & gratuity. Registrations going on now.

OKTOBERFEST AT THE BROWNSTONE: Enjoy a traditional Bavarian style festival party presented by Ace in the Hole on **October 13th**. Lunch is included with family style knockwurst and roast chicken with all the fixings, two complimentary drinks and free soda. **Cost: \$109.00 PP.** Includes transportation, festivities and luncheon at the Brownstone and gratuity. Registrations going on now.

OKTOBERFEST AT KRUCKER'S RESORT: On **October 19th** travel to Pomona, New York for an Oktoberfest celebration. Includes lunch choices of pork loin, or sauerbraten, beef barley soup, and a german dessert. Free beer, wine and soft drinks all afternoon. Following lunch enjoy music, dancing and games. Upon departure you will be served a bratwurst sandwich and cucumber salad. **Cost: \$111.00PP.** Includes transportation, festivities, food and drinks, and gratuity. Registrations going on now.

ROCKING HORSE RANCH: Back by popular demand!! Depart for a three day two night getaway to Highland, New York on **October 22nd-24th**. All inclusive trip including all meals, activities, live entertainment, deluxe hotel accommodations and round trip

transportation. More information at the Center. Cost is \$419.00 PP Double; \$479.00 PP Single; \$414 PP Triple. Register now.

GERMANFEST AT THE WILLIAMS INN: Depart to Williamstown, MA for a Germanfest celebration on **October 26th**. Enjoy soups, bratwurst, knockwurst, sauerbraten, potato pancakes, pork loin, roast baron of beef, salads, cabbage, and a dessert table. Also included is German beer and wine. Enjoy stories of German heritage with the Stratton Mountain Boys Trio with Austrian and Bavarian music on the traditional instruments. Next stop will be the Yankee Candle Company upon returning home. Cost: \$109.00PP. Includes transportation, Germanfest, visit to Yankee Candle, and gratuity. Registrations going on now.

WESTCHESTER BROADWAY THEATRE PRESENTS ANNIE GET YOUR GUN: Travel to Elmsford New York on **November 9th** to enjoy a matinee performance where lunch is included. Choice of entrée upon arrival. Cost: \$99.00 PP. Includes transportation, lunch and show, and gratuity. **Registrations begin July 14th.**

RADIO CITY CHRISTMAS SPECTACULAR: On **November 17th** depart to NYC. Upon arrival enjoy family style lunch at the famous Italian restaurant Carmine's. After lunch you will depart to Radio City Music Hall where you will enjoy the 2017 edition of the Radio City Christmas Spectacular. Cost: 198.00PP **Registrations begin July 14th.**

FUTURE TRIPS
REGISTRATIONS COMING SOON

THE AMISH CHRISTMAS GETAWAY FEATURING THE MIRACLE OF CHRISTMAS AT SIGHT AND SOUND: Enjoy this three day trip **December 6-8th**. Itinerary can be viewed at the Center. Cost: \$475.00 PP Double, \$600.00 PP Single, \$450.00 PP Triple. Includes transportation, hotel, 4 meals, 2 Christmas Shows, admissions, taxes & gratuities.

TWIN RIVER CASINO & BILL HALEY & THE COMETS: Travel to Lincoln RI on **December 7th** to enjoy a casino bonus package that includes slot play and lunch buffet. After lunch you will be entertained by a hit show from an American Rock and Roll Band. Cost: \$91.00 PP. Includes transportation, luncheon buffet, casino bonus and gratuity.

JUST ADDED!!! CHRISTMAS IN WHITE MOUNTAINS: Celebrate the magic of Christmas at the beautiful White Mountain Hotel and Resort **December 8th—10th** and enjoy the splendor on this 3 day 2 night tour. Cost: \$449.00 PP Double, \$429.00 PP Triple, \$559.00 PP Single. Includes meals, deluxe accommodations, activities, transportation and gratuity. Please see the Center for itinerary.

WESTCHESTER THEATRE PRESENTS THE GLENN MILLER ORCHESTRA: On **December 11th** enjoy lunch and all your favorite big band hits. Cost: \$99.00 PP. Includes transportation, lunch, show and gratuity. Seats limited!

BOARS HEAD FEAST AT THE WILLIAMS INN WITH BRIGHT NIGHTS: Enjoy a Christmas Festive groaning board buffet on **December 12th**. After enjoy Miss B. Haven Cabaret Troupe singing some of your favorites from 30's, 40's and 50's as well as holiday favorites. Then stop by Bright Nights holiday light display. Cost: \$117.00 PP. Includes transportation, BH procession, buffet, cabaret, Bright Nights and gratuity.

POLYNESIAN CHRISTMAS WITH BRIGHT NIGHTS: On **December 19th** depart to the Hu Ke Lua Restaurant and Dinner Theater. Enjoy a complete luncheon with choice of Prime Rib or Chicken and Broccoli and Fried Rice. Following lunch enjoy a "Polynesian Christmas" show. Afterwards stop by the Holyoke Mall to shop and finally stop by Bright Nights light display. Cost: \$80.00 PP. Includes transportation, luncheon, Polynesian show, admissions to Bright Nights and gratuity.





— Shelton Senior Center Spotlight —

SENTIMENTAL JOURNEY BAND

Please join us at the Center for music and dancing!! This instrumental band plays every Tuesday at 12:30PM. Stop on by to enjoy the music and meet some new Senior friends!


JULY 2017


Monday	Tuesday	Wednesday	Thursday	Friday
<p>3.) 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE NEW SESSION BEGINS TODAY 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BINGO 1:00: PAINTING</p>	<p>4.) CLOSED</p> 	<p>5.) 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 1:00: PINOCHLE 1:00: BINGO BONANZA SPONSORED- EXECUTIVE CARE 1:00: COUNTRY LINE DANCE</p> <p style="text-align: center;">*NO ZUMBA GOLD TODAY*</p>	<p>6.) COINS AND CLAWS 10:00: ORGAN WITH FRIENDS 12:30: INTER. LINE DANCING 1:00: YOGA W/JILL 1:00: BRIDGE 1:00: PINOCHLE 2:00: Wii BOWLING 2:15: TAI CHI</p> <p>* NO SQUARE DANCING TODAY * * NO STRENGTH TRAINING TODAY*</p> <p>6:00: DANCING UNDER THE STARS</p>	<p>7.) 8:00: WALKING CLUB NEW SESSION BEGINS TODAY 9:30: MOHEGAN SUN REGISTRA- TIONS BEGIN TODAY 9:30: COMPUTER CLUB 9:30 & 10:15: EXERCISE 10:00: DOMINOES 1:00: BINGO</p>
<p>10.) 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BINGO 1:00: PAINTING</p>	<p>11.) 9:00: BRIDGE 9 & 10:30: STRENGTH TRAIN NEW SESSION BEGINS TODAY 9:30-11:30: MATTER OF BALANCE 9:30: CERAMICS 12:30: SENTIMENTAL JOURNEY MUSIC BAND & DANCING 12:30: LADIES POOL 12:30: PINOCHLE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET & KNITTING</p> <p>4:00: COMMISSION MEETING</p>	<p>12.) 9:15: ZUMBA GOLD NEW SESSION BEGINS TODAY 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: ELDER LAW WITH ATTOR- NEY DRAZEN 10:30: BALLROOM AEROBICS 1:00: PINOCHLE 1:00: COUNTRY LINE DANCE</p>	<p>13.) CAPE COD 9 & 10:30: STRENGTH TRAIN 12:30: INTER. LINE DANCING 1:00: YOGA W/JILL 1:00: BRIDGE 1:00: PINOCHLE 2:00: Wii BOWLING 2:15: TAI CHI</p> <p>* NO SQUARE DANCING TODAY *</p>	<p>14.) 8:00: WALKING CLUB 9:15: EXECUTIVE MEETING 9:30: REGISTRATIONS BEGIN FOR ALL NOVEMBER TRIPS 9:30: CAMERA CLUB 9:30 & 10:15: EXERCISE 10:00: DOMINOES 10:15: MEMBERSHIP MEETING 12:00-4:00: AAA DRIVER SAFETY 1:00: BINGO</p>
<p>17.) 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BONUS BINGO SPONSORED- APPLE REHAB/ SHELTON LAKES 1:00: PAINTING</p>	<p>18.) QUEBEC 9:00: BRIDGE 9 & 10:30: STRENGTH TRAIN 10:30: PROBATE JUDGE ANTHONY 9:30: CERAMICS 12:30: SENTIMENTAL JOURNEY MUSIC BAND & DANCING 12:30: LADIES POOL 12:30: PINOCHLE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET & KNITTING</p>	<p>19.) 9:15: ZUMBA GOLD 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 12:30-2:00: VETERAN AFFAIRS 1:00: PINOCHLE 1:00: BINGO SPONSORED- RAVEIS REAL ESTATE 1:00: COUNTRY LINE DANCE</p>	<p>20.) 9 & 10:30: STRENGTH TRAIN 10:00: SQUARE DANCING 12:30: INTER. LINE DANCING 1:00: YOGA W/JILL 1:00: BRIDGE 1:00: PINOCHLE 2:00: Wii BOWLING 2:15: TAI CHI</p> <p>6:00: DANCING UNDER THE STARS</p>	<p>21.) 8:00: WALKING CLUB 9:30: COMPUTER CLUB 9:30 & 10:15: EXERCISE 10:00: DOMINOES 1:00: ICE CREAM SOCIAL 1:00: BINGO (TBA)</p>
<p>24.) 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE 12:00: BLOOD PRESSURE 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BINGO 1:00: PAINTING</p>	<p>25.) BLOCK ISLAND 9:00: BRIDGE 9 & 10:30: STRENGTH TRAIN 9:30: CERAMICS 10:30: PRECISION HEARING 12:30: SENTIMENTAL JOURNEY MUSIC BAND & DANCING 12:30: LADIES POOL 12:30: PINOCHLE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET & KNITTING</p>	<p>26.) 9:15: ZUMBA GOLD 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 1:00: PINOCHLE 1:00: BINGO 1:00: COUNTRY LINE DANCE</p>	<p>27.) 9 & 10:30: STRENGTH TRAIN 10:00: SQUARE DANCING 12:30: INTER. LINE DANCING 1:00: YOGA W/JILL 1:00: BRIDGE 1:00: PINOCHLE 2:00: Wii BOWLING 2:15: TAI CHI</p> <p>6:00: DANCING UNDER THE STARS</p>	<p>28.) 8:00: WALKING CLUB 9:30: CAMERA CLUB 9:30 & 10:15: EXERCISE 10:00: DOMINOES 10:30: VALLEY PARISH NURSES 1:00: BINGO</p>
<p>31.) 9:30 & 10:15: EXERCISE 10:00: ARTS & CRAFTS 10:30: MOVE-IT W/ DARLENE 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BINGO 1:00: PAINTING</p>		<p style="text-align: center;">PLEASE CALL THE INFO LINE (203) 924-2355</p> <p style="text-align: center;">FOR DAILY ANNOUNCEMENTS, LUNCH MENU & CANCELLATIONS.</p>	<p style="text-align: center;">STOP IN AND JOIN US FOR LUNCH!</p> <p style="text-align: center;">LUNCH SERVED FROM 11:45AM-12:15PM</p>	